

Cincinnati High School October 2017

Menu Subject to Change

Cincinnati School District Is An Equal Opportunity Provider and Employer

MONDAY

2 Chili Dog or
Chili Burger

Seasoned Carrots
California Blend
Vegetable

9 Columbus
Day

No School

16 Quesadilla Bites
Totally Taco or Cheesy
Con Queso

Cheesy Bean Dip w/
Tostitos Scoops
Seasoned Corn

23 Pizza Crunchers
w/ Sauce

Seasoned Carrots
Seasoned Green Beans

30 Popcorn Chicken
w/ Biscuit

Baked French Fries
Seasoned Carrots

TUESDAY

3 Fish Sandwich

Sweet Potato Bites
Baked Beans
Fresh Fruit

10 White Chicken Chili
w/ Corn Bread

Seasoned Carrots
Seasoned Green Beans
Fresh Fruit

17 Pulled Pork
Sandwich

BBQ Baked Beans
Sweet Potato Fries

24 Turkey & Cheese
Panini

Sweet Potato Bites
BBQ Baked Beans
Fresh Fruit

31 Beef (Or Chicken)
Nachos

Cheesy Bean Dip
Seasoned Corn
Fresh Fruit

WEDNESDAY

4 Baked Rotini
w/ Cheesy Breadstick

Seasoned Green Beans
Garden Salad w/
Dressing

11 Brunch 4 Lunch
w/ Sausage

Hash Brown Patty
100% Fruit-Vegetable
Juice

18 Macaroni & Cheese
w/ Dinner Roll

Seasoned Carrot Fries
California Blend
Vegetable

25 Brunch 4 Lunch
w/ Sausage

Hash Brown Patty
100% Fruit-Vegetable
Juice

Available with All Lunches

Assorted Fruit Cups
Milk Choice

THURSDAY

5 Hot Turkey
w/ Gravy & Biscuit

Mashed Potatoes
Seasoned Corn
Fresh Fruit

12 Beef (Or Chicken) Taco
w/ Lettuce, Tomato, &
Cheese

Black Bean & Corn Salsa
Seasoned Corn
Fresh Fruit

19 Garlic Parmesan
Chicken
w/ Texas Toast

Mashed Potatoes
Creamed Spinach
Fresh Fruit

26 Chicken & Potato
Bowl w/ Biscuit

Mashed Potatoes
California Blend
Vegetable

FRIDAY

6 Superintendent
Conference
Day

13 Quesadilla
Pizza

Garden Salad w/
Dressing
Seasoned Broccoli

20 Personal Pan
Pizza

Garden Salad w/
Dressing
Seasoned Broccoli

27 Nardone's
Pizza

Garden Salad w/
Dressing
Seasoned Broccoli

Available Daily

A variety of ...
Pizzas,
Fresh Chef salads Assorted
sandwiches and wraps.
Burgers and Chicken

PB & J and Yogurt Meal
also available

Breakfast	\$1.25
Lunch	
Elementary School	\$1.95
High School	\$2.05

Visit our website to print an
application and to
view menus.

www.cc.cynric.org

Trivia:
True or False?
Ginger is a root vegetable.

True