

May 2024

Cincinnatus High School

Menu Subject to Change

Cincinnatus CSD is an Equal Opportunity Provider and Employer

Monday

Did you know?

Cinco de Mayo ("The Fifth of May") celebrates the victory of the Mexican army over the French army at The Battle of Puebla in 1862.

Tuesday

Wednesday

Thursday

Friday

1

Bake Garlic Parm
Chicken w/ Biscuit
Rice Pilaf
Cucumber Slices w/
Dip
Seasoned Carrots

2

Walking Beef Taco
w/ Lettuce and
Cheese
Baby Carrots w/ Dip
Refried Beans
Fresh Fruit

3

Stuffed Crust Pizza

Tossed Salad w/
Dressing
Steamed Broccoli
Fresh Fruit

6

Ham and Cheese
Bagel Melt

Baby Carrots w/ Dip
Potato Gems

7

Chicken and Cheese
Quesadilla w/ Salsa
Cheesy Bean Dip
w/Chips
Seasoned Corn
Fresh Fruit

8

Pizza Crunchers w/
Marinara Sauce
Tossed Salad w/
Dressing
Green Beans

9

Homemade Mac
& Cheese w/ Garlic
Bread Stick
Green Pepper Strips
w/ Dip
Carrot Coins
Fresh Fruit

10

Personal Pan Pizza

Tossed Salad w/
Dressing
Fresh Broccoli w/ Dip
Fresh Fruit

13

Mini Waffles w/
Chicken Sausage

Hash Brown Rounds
100%
Fruit/Vegetable Juice

14

Baked Rotini w/
Texas Toast
Tossed Salad w/
Dressing
Seasoned Green Beans
Fresh Fruit

15

Homemade Sloppy
Joe Sandwich

Homemade Coleslaw
Baked Beans

16

Chicken Gyro on
Flatbread w/ Tzatziki
Sauce
Baby Carrots w/ Dip
Sweet Potato Wedges
Fresh Fruit

17

Assorted Pizza

Tossed Salad w/
Dressing
Assorted Vegetables
Fresh Fruit

20

Hot Meatball Sub

Tossed Salad w/
Dressing
Baby Carrots w/
Dip

21

Beef & Cheese
Nacho's w/ Lettuce
and Tomato
Refried Beans
Seasoned Corn
Fresh Fruit

22

Mikes Cheese Bites
w/ Marinara Sauce

Tossed Salad w/
Dressing
Green Beans

23

Turkey & Cheese
Croissant

Pasta Salad w/ Veggies
Crosstrax Fries
Fresh Fruit

24

Memorial Recess

27

Memorial Day
Recess
No School

28

French Toast Sticks
w/ Chicken Sausage

Hash Brown Rounds
100% Fruit Veggie
Juice
Fresh Fruit

29

Chicken Alfredo
w/ Texas Toast

Tossed Salad w/
Dressing
Cucumber Sliced

30

BBQ Rib Sandwich

Green Pepper Strips
w/ Dip
Potato Gems
Fresh Fruit

31

Homemade Pizza

Tossed Salad w/
Dressing
Fresh Broccoli w/ Dip
Fresh Fruit

A La Carte

Monday- Chicken Patty
Tuesday-Hamburger
Wednesday-Beef Hot Dog
Thursday-Cheeseburger
Friday-Beef Hot Dog

The Yogurt Meal, chef salad's
and PBJ's available daily.

Assorted fruit and milk
choices available with every
meal.

Student's may take a
combination or two servings
of fruits and two servings of
vegetables with each meal.

School Info

Memorial Day:

Memorial Day was officially
established as a national
public holiday in 1868 by
General [John A. Logan](#), head
of a group of Union veterans.
The holiday was originally
called Decoration Day—named
for the decoration of soldiers'
graves—but the name
gradually changed until it
officially became Memorial
Day in 1967.